









To spot signs of a stroke, act **FAST**

 FACE DROOPING	 ARM WEAKNESS	 SPEECH DIFFICULTY	 TIME TO CALL 911
Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?	Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?	Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "The sky is blue." Is the person able to correctly repeat the words?	Time is important! If someone shows any of these symptoms—even if they go away—call 9-1-1 and say, "I think this is a stroke." Also note the time when the first symptoms appeared. Emergency responders will want to know.

Note: Other stroke symptoms, such as sudden confusion, trouble seeing in one or both eyes and/or loss of balance or coordination, may appear alone or along with FAST signs. *Source:* American Stroke Association, strokeassociation.org

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